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Message from the President

Dear fellow Columbians,

Happy New Year my fellow members of the Columbia University Club of New York!! Here

is a promise....It's going to be a great year for our Club.

Yes, the New Year has arrived, and with it the promise of a full year of special events at the Columbia University Club of New York. We start this year with a commitment to making the Club a welcoming home away from a home for our members, a respite in midtown where our members can enjoy exceptionally fine dining, good friends, entertaining and intellectual stimulation in a familiar and comfortable environment.

What an enjoyable evening we had on November 30 with Columbia's eminent and beloved teacher, Professor Ken Jackson. Professor Jackson's discussion of New York City was erudite, entertaining and very humorous. The Prospect Lounge was filled with Columbians, many of whom stayed at the club for dinner. We had over 100 people that evening and have been asked to get Professor Jackson back again in the spring. We have already spoken with Professor Jackson about that and he has told us he will return.

Also on tap this spring is another of Columbia's eminent and beloved teachers, Professor Andrew Delbanco, who has been called by *Time Magazine* as America's best social critic. With two books coming out in the next few months, Professor Delbanco, who is never at a loss for words, will have much to say.

Our program schedule this year will give members more events than in any prior year, varied programs that will appeal to the wide-ranging interest of our members. The President of Columbia University, film personalities, well known authors, leading professors, and national politicians will all be here this year. But to enjoy these events, you have to be here and please remember to reserve your space for programs, the earlier the better.

Remember that the Club is here to serve you. Please let me know what we can do to make your membership more pleasurable or your event or banquet more enjoyable.

We at the Columbia University Club of New York send our very best wishes to all our members and to all the alumni of our great university for a happy and healthy new year.

Warmest regards from midtown,
Mark Lemle Amsterdam, CC '66, LAW '69
President, Columbia University Club of New York

Welcome New Members

- Ager, Alastair FAC
- Agle, Adriann BC '11
- Ali, Zachary CC '11
- Barhydt, Nancy R. PH '79
- Bryan, Gretchen SW '11
- Cooper, John BUS '07
- Gross, Max J. GS '11
- Jettmar, Eleanor WID
- Levinson, Gershon CC '63
- Mayandia, Martin LAW '11
- Moore, Steven BUS '12
- Morgan, Brian Kendrick GS '12
- Narain, Mallika CC '11
- Nizewitz, Valerie BC '08
- Noshirvani, Sohrab GSAS '12
- Yuen, Jack SEAS '03
- Zukova, Veronika BUS '11



The CUCNY Is Pleased to Welcome Turkey's Ambassador to the US
Namik Tan

Turkish Ambassador to the United States

Tuesday, January 24
Reception 6:30 pm
Lecture 7:00 pm

Ambassador Namik Tan was appointed Ambassador of Turkey to the United States in February 2010. Prior to this appointment, Ambassador Tan was Deputy Undersecretary of the Ministry of Foreign Affairs, responsible for bilateral political affairs and public diplomacy. He was previously Ambassador of Turkey to Israel from 2007 to 2009.

After returning to Turkey, Mr. Tan served as the Deputy Chief of Cabinet to the Turkish President until 1991. He was later assigned to the Turkish Embassy in Washington, where he served as Counselor from 1991 to 1995 and First Counselor from 1997 to 2001. Between these assignments, Mr. Tan served as Chief of Cabinet to the Turkish Foreign Minister.

Thank you to the Rotary Club of New York for their efforts in securing Ambassador Tan. This is also a joint program with the United Nations Association of New York and the CUCNY.

There is no cost to attend. However, you must have confirmed reservations to be admitted. Contact the Program Office at events@princetonclub.com or 212-596-1261.

This event is sponsored by the Columbia University Club Foundation.



Social Media: *How It Can Help YOU!*

Tuesday, February 7
Reception 6:30 pm – Lecture 7:00 pm

There has been a lot of buzz about social media lately. LinkedIn, Facebook, Twitter, among others, are growing rapidly. But how can you use these and

other tools effectively for personal and professional purposes?

Come to an interactive, hands-on session where you can learn new tips and tricks that will help you achieve social media greatness. Any age and skill level is welcome. Bring a friend, too.

Nabeel Ahmad, TC '09, has a business, technology and education background, and is a Learning Developer at IBM's Center for Advanced Learning. He teaches graduate level classes at Columbia on mobile phones for learning and social media for learning.

There is no cost to attend, but reservations are necessary. Contact the Program Office at 212-596-1261 or events@princetonclub.com. Bring your laptop so that you can interact with things online.



Mailman School Virus Hunter Ian Lipkin Puts Science on Screen in "Contagion"

W. Ian Lipkin, MD
Director, Center for Infection & Immunity
John Snow Professor of Epidemiology,
Mailman School of Public Health
Professor of Neurology,
College of Physicians and Surgeons
Professor of Pathology,
College of Physicians and Surgeons

Thursday, March 22 Reception 6:30 pm – Lecture 7:00 pm

The John Snow Professor of Epidemiology and a professor of neurology and pathology, W. Ian Lipkin heads the Center for Infection and Immunity at Columbia's Mailman School of Public Health and is a widely consulted expert on newly emerging infectious diseases. Dr. Lipkin's advice was sought by Oscar-winning director Steven Soderbergh and screenwriter Scott Z. Burns for the film *Contagion*.

Lipkin has identified more than 400 new viruses over the past decade and developed a number of high-tech molecular tools for doing so. He was the first to determine that West Nile virus was the cause of an encephalitis epidemic that struck New York City in 1999. In 2003, he assisted the World Health Organization and Chinese Ministry of Health in managing the SARS outbreak—at some personal peril; he became ill and was quarantined upon returning to the United States.

(Information was gleaned from Claudia Wallis' September 2011 article in *The Record*. Complete article can be found on our website in the Events Section, March 22, 2012.)

There is no cost to attend this event, but reservations are necessary. Contact the Program Office at 212-596-1261 or events@princetonclub.com.

Health & Wellness Committee Member and student at the Mailman School of Public Health Angela Holuba was responsible for making contact with Dr. W. Ian Lipkin to speak at the Club.



The Annual Snow Ball

Saturday, January 28
9:00 pm – 1:00 am

Please join us for our annual winter celebration as we dance the night away and mingle with friends of all ages from our fellow Ivy clubs. Our new, fantastic live band will keep the party going all

night long with your favorite hits, from swing to Motown, disco to funk, and the best songs of today, as you sip cocktails from our open bar. Delight your palate with an array of hot and cold hors d'oeuvres and our delicious dessert buffet.

Cost is \$110 (includes tax, gratuity, full open bar, hors d'oeuvres, and dessert). Reservations after Friday, January 13, are \$125. All reservations are final sale. Advanced reservations are required by noon on Wednesday, January 25. No walk-ins.

**** Young Alums: Bring four friends, and your ticket is free! ****



Tough Calls from the Corner Office

By Harlan Steinbaum
Columbia Business School Alumnus and
Member of the CUCNY

January 9 – 6:30 pm
Lecture and Book Signing

Thirty-nine of America's most successful business leaders share the most important decisions of their careers. When former CEO Harlan Steinbaum decided to buy back his retail drug chain with his partners, his life changed dramatically. The personal impact that this one business decision—this "tough call"—had on Steinbaum made him wonder if others had experienced similar kinds of defining moments in their own careers.

There is no cost to attend, but reservations are necessary. Contact the Program Office at 212-596-1261 or events@princetonclub.com.

Program Committee Needs Your Input

Do you have an idea for a book lecture or a political discussion? Or can you share information on some environmental achievements or world news? Do you know a speaker with expertise on historical government or sports figures? Perhaps you'd rather plan a tea tasting event or a tour of your favorite NYC neighborhood.

Share your ideas at our next Program Committee meeting. Contact Amanda Siebert at asiebert@columbiaclub.org or 212-719-0380 for the next committee date.



Club Table

Enjoy a meal with fellow members at the new CUCNY Club Table. Reservations will be taken at the registration table before Columbia Club lectures. Reservations are on a first come, first served basis. Seats are limited.



**Fun Night of Pizza and Ivy League Basketball
Lions vs. Tigers**

Saturday, January 14
5:30 pm Party – 7:00 pm Game

Columbia's Lou Gehrig Lounge & Levien Gym

Join us for a special pre-game pizza party and Ivy League basketball! Watch the competition between the Lions and Tigers and cheer on your favorite team.

Party is in the Lou Gehrig Lounge, third floor. Enter campus at Broadway and 116th Street; go to Low Library on left; walk up stairs, proceed to statue of Lion. Dodge Fitness Center ahead of you; go to third floor.

Cost is \$12 for kids, \$15 for adults, and includes tickets to the game, pizza and soft drinks. To reserve your place, contact the Program Office at events@princetonclub.com or 212-596-1261. Deadline is January 5th; all sales are final. Tickets will be at Front Desk.



**East Meets West
A Chinese New Year
Celebration of Food & Wine**

Wednesday, January 25, 6:30 pm

Join us as we celebrate the Year of the Dragon at the Club. The most important of all traditional Chinese holidays, Chinese New Year marks the end of the winter

season. Its origins are centuries old and laded with many myths and traditions.

You'll be treated to a reception before being seated for a fantastic Chinese dinner envisioned by our own Chef Michel Bourquin with the assistance of the renowned Red Egg's Darren Wan. During the elegant meal, the China Institute's Dr. Agnes Hsu will enlighten us on the history, traditions, and mystique of Chinese New Year. Dr. Hsu holds a MA in Asian and Middle Eastern studies and a PhD in Chinese Art & Archeology. Dr. Hsu is the China Institute's Resident Scholar and Director of Arts and Culture.

Cost for this event is \$59++ which includes the lecture and all food and beverages. All reservations are final sale. Contact the Program Office at events@princetonclub.com or 212-596-1261 to make your reservation.

This event is in partnership with The China Institute.

**Up Coming Events From
The Health & Wellness Committee**

- **Pull Out Your Ice Skates And Sharpen Those Blades!**
Board member Tiffany Woo is organizing some fun skating in Rockefeller Center again this year. Beginner, intermediate, or experienced - all are welcome to join the fun. Check the events listing on the website or next month's newsletter for dates and costs.
- **Ballroom Dancing Is On The Agenda Too!**
Watch for spring date notices for our next Ballroom Dancing lessons with Melissa Benton.



**Dr. Jeffrey B. Rubin
Graduate of Princeton, Columbia
and Union Institute, and Author of
*The Art of Flourishing***

Tuesday, January 17
Reception: 6:30 pm - Lecture: 7:00 pm
Book signing at conclusion of lecture

In more than thirty years of studying, practicing, and teaching Eastern meditative and Western psychotherapeutic disciplines, Dr Rubin discovered that combining both paths is profoundly more effective than following one alone. In *The Art of Flourishing*, he has integrated meditative, psychotherapeutic and yogic practices to show readers how to thrive and live well, even in times of upheaval.

With an easy-to-follow, accessible strategy, *The Art of Flourishing* gives readers the tools to resolve the challenges that interfere with achieving enduring fulfillment within themselves and their relationships. Dr. Rubin will talk about handling our emotions wisely, discovering our purpose, and uncovering barriers to intimacy.

Dr. Rubin is widely regarded as one of the leading authorities on the integration of meditation and psychotherapy. In his recent writing and workshops on *The Art of Flourishing*, Dr. Rubin is especially interested in illuminating both those forces in the world that are driving us crazy and those personal and collective resources we can draw on to not only stay sane, but to flourish in challenging times.

There is no cost to attend, but reservations are necessary. Contact the Program Office at 212-596-1261 or events@princetonclub.com Book signing will follow the lecture.



**Exercise Your Way to a Healthier You
Dr. Merle Myerson, Director
Cardiovascular Disease Prevention and
Pre-Exercise Heart Screening Program
St. Luke's-Roosevelt Hospital, NYC**

Wednesday, January 18
Reception 6:30 pm – Lecture 7:00 pm

Join us as we welcome back Dr. Merle Myerson for an exciting lecture on the advantages of exercise in building up your personal health. Her lecture will focus on distinguishing between the different forms of exercise, the benefits/risks and its effects on your cardiovascular health, and effects of age. She will also discuss the development of your own personalized exercise plan for your lifestyle (beginner to marathoner) and how to make exercise a part of your regular way of life.

Dr. Myerson is a board certified cardiologist and holds a doctorate in Applied and Exercise Physiology. She is founder and director of the St. Luke's-Roosevelt Hospital Cardiovascular Disease Prevention Program and Pre-Exercise Heart Screening Program, and an alumna of Barnard, Teacher's College, and Columbia P&S.

Come to this interactive session to learn more about how to incorporate exercise into your daily routine and how to reduce your risk for cardiovascular disease. There is no cost to attend this event, but registration is requested. Please contact the Program Office at 212-596-1261 or events@princetonclub.com.

This event was organized by the CUCNY Health & Wellness Committee.

The Columbia University Club of New York
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*We wish you a Happy, Healthy and Peaceful New Year
and look forward to seeing you at the Club!*

CUCNY Board of Governors and Staff

NEWS & EVENTS



Dear Young Alums,

The Chairs of the Young Alumni Committee (YAC) thank all young alums that attended our events this past year. Thank you for making the Columbia University Club of New York a warm and inviting home-away-from-home for young alums of Columbia. This year, the YAC honored Daniela Cassorla, CC '10 and Christian Gluck, CC '08 with the William Waldorf Astor Award and Robert Livingston Award, respectively. Congratulations to Daniela and Christian; we appreciate their tremendous efforts, and those of all YAC members, this past year.

As some of you may know, Christian, our resident Cork Master, has moved from NYC to attend medical school. We wish Christian the best of luck in this endeavor and we are grateful for everything he has done for young alums at this Club over the past several years.

This year promises to be an exciting one, as the YAC has scheduled a variety of upcoming events to appeal to all types. In January, we will be hosting a young alumni brunch and the Annual Snow Ball with our cousins from Princeton. We have organized a jazz concert at the Club on February 10, an outing to Bowlmor on March 22, and a Mad-Men themed party on April 13. Also, we are currently planning a comedy club night, cooking event, and bartending demonstration.

We look forward to seeing you at all these wonderful events. The YAC represents the interests of young alums at this Club, so we invite you to attend our events, join the YAC and/or share any ideas you have for young alumni programming.

HappyNewYear!

Jay D. Rao, LAW '08

Young Alumni Committee Chairs

Jay Rao; jayrao_columbialaw@yahoo.com

Justin Ifill; justin.ifill@gmail.com

Nabeel Ahmad; akhi003@gmail.com



Give a Gift of Membership

Birthday, anniversary, graduation, or maybe no special occasion at all, give a Columbia University Club of New York membership to someone special. Treat them to the benefits and privileges of Club membership that you enjoy. For more information on gift memberships, contact Amanda Siebert at info@columbiaclub.org or 212-719-0380.